## Fitness to Drive Policy Assessment Guide



This guide is to assist you in reviewing your policies/procedures which ensure your drivers are medically fit to perform their required duties. The process and responsibilities will vary with some specialist freight task and other site-specific rules and regulations that may need to be considered. The checklist should be completed & signed by the responsible manager.

| Policy and Procedures Checklist |   | Yes | No |
|---------------------------------|---|-----|----|
| 1                               | Have a written Fitness for Driving Duty <b>Policy</b> in place (which includes the following)?                        |     |    |
|                                 | Requirement that drivers present themselves for duty unimpaired by fatigue, alcohol or drugs                          |     |    |
|                                 | Procedures to assess driver fitness before and during work  |     |    |
|                                 | Procedure to notify the business if they are unfit for duty   |     |    |
|                                 | Statement as to how any breach of the policy will be managed  |     |    |
|                                 | Driving Hours sufficient allowance-v- required and allocated  |     |    |
|                                 | Drug & Alcohol policy and any testing procedure (may not be necessary if you have a separate drug and alcohol policy) |     |    |
| 2                               | Does your fitness to driver regular <b>procedure</b> include the following  |     |    |
|                                 | Do you regularly assess your drivers visually for Fitness to Work?  |     |    |
|                                 | If the driver is not deemed fit to drive, do you prohibit further work until a suitable solution has been resolved.   |     |    |
|                                 | Can your drivers access a well-being employee assistance program that can help them with personal issues?             |     |    |
| 3                               | Driver <b>medical examinations</b> are in accordance with Austroads Fitness to Drive Assessment Standards             |     |    |
|                                 | Do you require driver medical examination:  |     |    |
|                                 | - Every 3 years for all drivers under 49 years  |     |    |
|                                 | - Yearly for all Drivers 50 years and above   |     |    |
|                                 | - Shorter intervals as directed by Medical practitioner   |     |    |
|                                 | Do you acquire and securely maintain driver Medical Records including:  |     |    |
|                                 | - Date  |     |    |
|                                 | - Results   |     |    |
|                                 | - Name and Contact of Medical Practitioner  |     |    |
|                                 | - Any duty restrictions or rehabilitation requirements  |     |    |

The Heavy Vehicle National Law (HVNL) and regulations imposes a primary duty in the chain of responsibility. Businesses are required to comply by identifying their risks, and develop and implement control measures tailored to their circumstances. This Policy format is a *guide only* does not contain a definitive list of Heavy Vehicle National Law and regulatory requirements. To meet your obligations under the HVNL and regulations you are required to seek independent advice to assess your circumstances.

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